



**VIRGINIA SHIP REPAIR  
ASSOCIATION**

# 2024 • 28th Annual SAFETY AND HEALTH SEMINAR MISSION POSSIBLE

Wednesday, September 25th, 2024

## SCHEDULE OF EVENTS

7 AM

**(7:00 - 8:00)**

**Registration & Continental Breakfast**

8 AM

**(8:00 - 8:10) Welcome: Introductions, Safety Items and Meeting Locations, Larry Ryan & Bill Crow**

**(8:10 - 8:40)**

**Opening Keynote: CAPTAIN (Ret.) BARBARA (BOBBY) SCHOLLEY, US NAVY,  
Retired USN Deep Sea Diver, Member of the Women Divers Hall of Fame**

**(8:40 - 9:00) Break/EXPO**

9 AM

**(9:00 - 10:15)**

**OSHA Panel  
Discussion**

**(9:00 - 9:30) Industrial Athlete:  
Ergonomics While Working**

Donna Abbot, Pivot

**(9:00 - 9:30) Scaffolding Safety  
DEMO**

Waren Zieg, USA Access Scaffolding

**(9:30 - 10:00) Break/EXPO**

10 AM

**(10:15 - 10:45) Break/EXPO**

**(10:00 - 10:30) Safety Helmet vs  
Hardhats**

**(10:00 - 10:30) Hand Signals DEMO**

John Davis, Prillaman Crane and Rigging Inc.

**(10:30 - 10:45) Break/EXPO**

11 AM

**(10:45 - 12:00)**

**Job Hazard Analysis  
Jim Davis, Tecnico**

**(10:45 - 11:15) Technical Rescues  
inside a Shipyard**

**(10:45 - 11:15) Ladder Safety DEMO**

Kyle Cheatwood, Mobile Safety Training Solutions

**(11:30 - 1:45) Break/EXPO**

**(11:30 - 12:00) Industrial Athlete:  
Ergonomics While Working**

Donna Abbot, Pivot

**(11:30 - 12:00) Scaffolding Safety  
DEMO**

Waren Zieg, USA Access Scaffolding

12 PM

**(12:00 - 12:45)**

**Lunch and VSRA Lunch Video**

**(12:45 - 1:00) Break/EXPO**

1 PM

**(1:00 - 2:15)**

**Navigating Workplace  
Conflict  
Andy Booth,  
Signal Administration**

**(1:00 - 1:30) Safety Helmet vs  
Hardhats**

**(1:00 - 1:30) Hand Signals DEMO**

John Davis, Prillaman Crane and Rigging Inc.

**(1:30 - 1:45) Break**

**(1:45 - 2:15) Technical Rescues  
inside a Shipyard**

**(1:45 - 2:15) Ladder Safety DEMO**

Kyle Cheatwood, Mobile Safety Training Solutions

2 PM

**(2:15 - 2:30) Platinum Sponsor Remark**

**(2:30 - 3:15)**

**Jeopardy & Prize Drawings**

3 PM

**(3:15 - 3:30) Closing Remarks**

Room Key:

**MAIN ROOM**

**LEADERSHIP TRACK  
(Main Room)**

**SIDE ROOM**

**ARENA  
(DEMOS)**

**BREAK/EXPO**